Student-as-Partners in Promoting University Campus Wellbeing and Engagement

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Student Engagement and Wellness

- Support our students' transition into university life,
- Assist our students who may encounter academic or personal issues,
- Support the physical and mental welfare of our students,
- Develop our students' potential and widen their horizons via extra-curricular activities and/or experiential learning,
- Support medical students' career development by exposure to a range of career exploration opportunities prior to graduation.
Global Challenges Faced by the MBBS Programme

- **Ongoing staff movement is resulting in a shrinking pool of teaching and academic staff**
  - Most of the academic advisers serve more than one cohort of students simultaneously

- **The COVID-19 pandemic has irreversibly changed the way our students socialize**
  - Zoom/video conferencing over f2f meetings
  - Texting/direct messaging over emails

- **A More Passive Student Cohort that Lacks Initiative in Engaging the Academic Advisers**
  - Feedback from advisers that students are un-responsive and un-engaged

- **A More Diverse Student Population from Different Schools with a Larger Cohort**
  - Up to 40% of students have no high school peers in the cohort
  - Up to 10% of students from non-local backgrounds
Implementation of Peer Mentorship and med.co

Introducing

> med.co (HKUMed x Workplace by Facebook)
> Peer Mentorship Programme

Launched February 21\textsuperscript{st} 2021 to first year medical students
1. Introduction of Peer Mentorship

- 40-50 senior students (MBBS III and up) sign up every year to be peer mentors for first year medical students
- 1-2 peer mentors are paired up with a faculty academic adviser and his/her group of first year medical students
- Joint mentorship of students in pastoral care and academic support
- Opportunities to plan events/programmes in collaboration with faculty
Incorporation of Peer Mentorship into Academic Advising System

1 & 2
Biomedical Sciences Curriculum & Academic Advising/Preceptorship (1:5-10 ratio + 1-2 Peer Mentors)

3
Enrichment Year & EY Mentorship (1:6 ratio)

4 - 6
Clinical Curriculum & Clinical Academic Advising (1:10 ratio)

Internship
Intern
Framework of Strategic Communications and Student Engagement

Student Wellness
• Counselling
• Crisis Intervention

Faculty Academic Advising + Peer Mentors

Student Engagement
• Learning and Academic Support
• Career Development
• Student Mentorship

Teachers & Examiners

HKUMed Alumni

A balanced ecosystem where the academic adviser is the focal point of support.
International Day of Happiness❤️

"There's no one set way to your happiness, because it is unique to you, and you hold the key to unlocking it."

Today is the International Day of Happiness; and we hope you could explore with us the many ways in which you can embark on the pursuit of happiness.

Huge thank you to our Peer Supporters and the teammates of Student Wellness Team for the series of events this month as part of its Happiness Month initiative!

P.S. Don't forget to...
HKUMed is on Workplace

Join or log in using single sign-on (SSO) or an email address

Log in with SSO

Log in with email address

OR

Create account with your access code

Unlimited tools for you and your team to work together, wherever you are.

M2B Academic Advising/...

22 members

Cai Nanpeng Bobby joined the group.
Yu Yin Long Paco joined the group.
Liu Yutong joined the group.
Chan Chun Wing joined the group.
Cheung Shun Lai joined the group.

09/01/2022, 2:41 PM

Hey everyone, it was great to meet you all this morning!

I'd like to also introduce our two peer mentors here, Clement and Alvin, who are our MBBS IV students. They've been really supportive to our faculty work and learning support over the past couple of years, so it's great to have them both as our peer mentors for the group.

If there's something you would like to discuss individually, I'll be free next Friday morning for meet up. But otherwise we can find a way to have a group meet up in the coming weeks.

- Closed system
- HKU Account SSO Access
- No Ads
- Allows for Secret Groups
- Messaging app
1. New Ways to Engage with Students

Twitch Stream – Gaming for MedEd!

Interest groups
2. Mutual Learning Opportunities
3. Student-led Academic Support

2022-23 Academic Year

💡 Learning Support Session for MBBS I - Preparation for Formatives and OSCEs (November 15, 2022)
- Hosted by 🎓: Dr Kendrick Shih & shared by: MBBS III Justin and Winson

2021-22 Academic Year

💡 Preparation for the First Formative Assessment (November 30, 2021)
- Hosted by 🎓: Dr Tomasz Cecot | Dr Mei Li Khong | Dr Kendrick Shih & shared by: MBBS I students Victoria, Jing, and Clement.

💡 Active recall techniques using ANKI🌟 (October 19, 2021)
- Shared by 🎓: MBBS I Ho Ka Chun Clement, Jing Chen Fok, Victoria Anna Yeo & MBBS I Hei Man Winson Chan
4. Student-Led Campaigns/Initiatives

Anti-Sexual Harassment Poster Campaign

Sexual harassment ("SH") can affect anyone, including doctors, nurses, and students in healthcare disciplines. We believe it is important that we learn more about anti-SH policies on campus and hospital settings — to recognise what constitutes sexual harassment, to be aware of existing resources for SH survivors, and to close the gaps in our system. These are all crucial for creating a safer environment for ourselves and our peers.

Our informational poster stands will be available at 2/F Learning Commons at FMB from 29/1 to 4/2. We welcome staff and students to take a look. Feel free to use the provided references and QR codes to access online resources and learn more.

Topics covered by our poster campaign:
1. Definition of SH based on the Hong Kong Equal Opportunities Commission
2. Common misconceptions regarding SH
3. Prevalence of SH in local university settings
4. Ways universities should support victims of sexual harassment, as recommended by local and UK committees
5. Services provided by the HKU Equal Opportunities Unit

Sexual harassment can happen to anyone. Yes, even nurses and doctors.

We all have different reasons for speaking out.
5. Changes in Faculty Policy

Promoting Empathy on Campus — HKUMed’s Measures in Gender Inclusiveness

HKUMed is making another leap forward in the new academic year by launching several gender-inclusive initiatives, designed not only to recognize the presence of a rising sexual and gender minorities but, more importantly, to promote mutual respect and inclusivity of diversities on campus, because each one of us is different in one way or another.

香港同志醫學會

Let's talk about LGBT+ health

28 September 2022 (Wed) 6:30 - 7:30pm
MTR Chen Yung Soi Or Biomedicine Centre (MBC) Faculty Learning Commons, 3/F
William MIF Mong Bldg, 21 Sassoon Road
Summary

• Peer mentorship is a chance to engage senior students in shaping the learning and social environment of our faculty

• Peer mentors can help to bridge the gap between teachers and students

• Peer mentor-led programmes have in turn created new co-curricular activities and faculty policies

• It is ultimately a chance to let our students enlighten us on how we can do better as a faculty
Acknowledgements

• Dr Julie Chen, Assistant Dean (Student Engagement & Wellness)
• Dr. Paul Lee, Assistant Dean (Student Engagement & Wellness)

• Dr. Heidi Lo, Director of Student Wellness
• Dr. Wendy Chan, Director of Academic Advising
• Dr. Ian Wong, Director of Community Engagement
• Dr. Philip Li, Director of Co-curricular Programme
• Dr. Pauline Luk, Enrichment Year Mentorship coordinator

• Ms Margaret Wong, Senior Registrar in Student Engagement
• Ms Yuka Tang, Manager in Student Engagement
• Ms Stephanie Yeung, Manager in Academic Advising
Thank You

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